

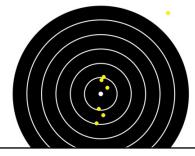
Tension in left arm

Sling too tight

Excessive cheek pressure

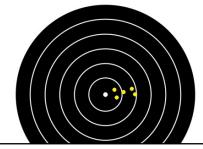
Excessive shoulder pressure

(Shoulder too tense)



Breathing Incorrectly

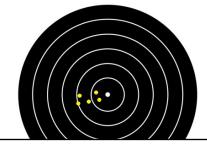
Only release trigger after you have totally exhaled and have a perfect sight picture



Left elbow too far out

Pressure from left thumb

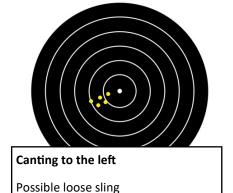
Natural position aligned to right of target



Left elbow too far under the rifle

Pressure from left fingers

Natural position aligned to left of the target



Error Diagnosis Guide

By Nigel Porter Electronic re-creation

of Nigel's work

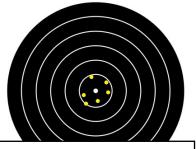


Canting to the right

Excessive right hand grip

Trigger snatch

Possible loose sling



Hollow Group focus on the

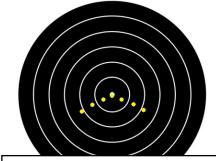
foresight not the target



Physical effort may be forcing sights up onto target.

Butt too high in shoulder

Possible loose sling



Canting to the left and the right



Physical effort may be forcing sights down onto target

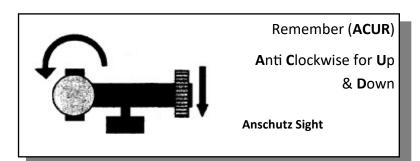
Butt too low in shoulder

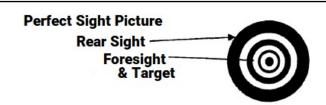
Sling too tight

Before shooting an NSRA (10 Spot) target it is vital to:

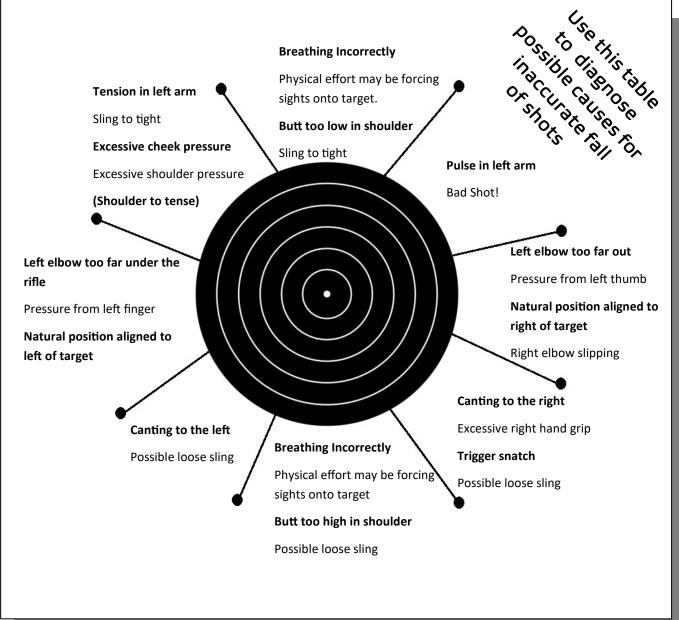
- Ensure you position and set up is perfect
- ♦ Follow all marksmanship principles
- ♦ Correctly zero in your rifle
- Fire enough sighting shots to relax into position

(Remember it can take many sighting shots before you are relaxed and able to shoot consistently)





Notice the white areas within the sight picture, they are all equal to a third the size of the last ring



Marksmanship Principles:

- 1. Your position and hold **Must** firm enough to support rifle.
- 2. The rifle **Must** point naturally at the target without any physical effort
- 3. Both Sight Alignment & Aim, **Must** be correct
- 4. The shot **Must** be released & followed through without disturbing the position or sight alignment